



# Release of Responsibilities

The present document is equally for adults who register alone or as a couple, with or without underage children.

I/We confirm to have read and understood this Release of Responsibilities Form regarding my/our participation in the Chain of Life Challenge and that I/we agree with each of the elements.

I, and any family members accompanying me, understand that I/we must:

- be autonomous for this climb;
- bring a lunch, appropriate clothing for the climate and effort, and enough water and any other basic personal items;
- **be able to return unaccompanied should ever I/we decide to turn back**, even though there will be volunteers on the site.

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## Caution and Disclaimer of Responsibilities

1. I/We are familiar with the terms of the Chain of Life Challenge and know how it works.
2. I/We have looked at the facilities and understand the level of difficulty of the ascent and descent.
3. I/We know that we must wear proper footwear for hiking and shall carry the flag as visibly as possible.
4. I/We agree to follow the code of conduct, the rules and signalisation in place.
5. I am/We are the best judges of my/our capabilities and have the physical ability needed to participate.
6. I/We are in good health.
7. I/We agree to release all representatives, employees, volunteers, directors, administrators of the Mountain and Chain of Life from all responsibilities and will not hold them liable for any blame that might result from my/our participation.
8. I/We therefore waive all claims and all proceedings against the persons aforementioned following the occurrence of any loss, damage or injury of any kind suffered or caused during the Chain of Life Challenge.
9. I/We have read the text of this cautionary clause and I am/we are aware of the inherent risks of possible bodily injury.
10. I/We authorize Chain of Life to use filmed sequences or photos of me/us that were produced for promotional purposes, provided that they are used exclusively by the organization mentioned in this paragraph.

**By ticking the box on the registration form, I/we certify to have read this document and consent to each of the points.**